

Make your own Stone Age Survival Kit

Otzi the Iceman lived around 5000 years ago. When he died, his body was preserved in the ice.

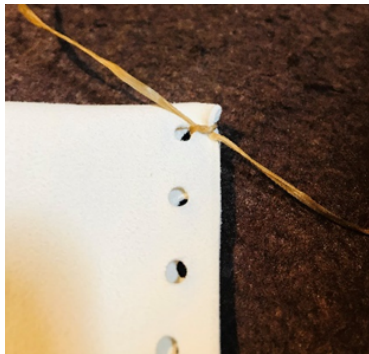


Otzi's leather belt and pouch (after 5000 years in the ice).



You will need:

- Fabric (felt works well)
- String
- Large needles
- A trip outside to gather supplies



He was carrying a survival kit which included medicinal fungii, a needle, an arrow head, flint tools and some tinder to start a fire.

- 1) Fold your fabric in half.
- 2) Starting at the bottom, sew up one side of your pouch. Tie a knot at the top but don't cut off the leftover bit of thread.
- 3) Repeat on the other side.
- 4) Use the long bits of thread to fasten your pouch.
- 5) Go outside and hunt for things to go in your survival kit!

Top tip:
Some fungii can be poisonous!
Don't eat it unless an expert tells you it is safe!



Birch Polypore fungus growing on a tree. This is the same kind of fungus that Otzi was using.

What would happen if you left your pouch in the freezer for a week? A month? A year?

